

Proclamation



TRAIL TO ZERO

September 7, 2019

WHEREAS, Trail to Zero is a 20-mile ride through the nation's capital commemorating and raising awareness of the number of veterans whose lives are lost to suicide; and

WHEREAS, Trail to Zero began after countless conversations with veterans about the intensifying epidemic tragically affecting military veterans across the country; and

WHEREAS, BraveHearts will embark upon its Third Annual Trail to Zero ride to commemorate veterans who have lost their lives to suicide; and

WHEREAS, BraveHearts offers therapeutic horsemanship services to provide emotional, cognitive, social and physical benefits to veterans at no cost; and

WHEREAS, the benefits of equine therapy include increased self-esteem, trust for others, community integration, and decreased depression, anxiety, and Post-Traumatic Stress Disorder (PTSD) symptoms; and

WHEREAS, BraveHearts strives to find solutions to help protect our veterans who have sacrificed and put their lives on the line for our country;

NOW, THEREFORE, I, THE MAYOR OF WASHINGTON, DC, do hereby proclaim September 7, 2019, as "TRAIL TO ZERO DAY"

A handwritten signature in black ink, reading "Muriel Bowser". The signature is written over a horizontal line.

